

Vegan 100

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HOLE'...VEGAN mind blowing.. VEGAN PEPPERONI RECIPE ~~Vegan 100 Cookbook Review~~

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~~FAIL | Two Market Girls~~ FIRST LOOK AT MY NEW COOK BOOK - a virtual book tour! Testing the Avant-Garde Vegan Cookbook! // Sriracha Meatballs, Tofu Kebabs + More (Vegan 100 Review) *I Made \u0026 Ate ONLY Avant-Garde Vegan's VEGAN 100 Cookbook Recipes for an ENTIRE day (7 Recipes!!!)* WHAT I EAT IN A DAY (VEGAN) MEAL PREP WITH ME FOR MAXIMUM VEGAN WEIGHT LOSS / WFPB / STARCH SOLUTION MEAL PREP VEGAN EGGPLANT PARM RECIPE, with my DAD! 15 MINUTE MEALS with PICK UP LIMES THIS MADE ME GO VEGAN OVERNIGHT.... **Full Day of Vegan Eating On Mini-Diet | VEGAN HIGH PROTEIN + MACROS (Ep. 1) Grillable Veggie Burgers | Vegan, Gluten-Free HIGH PROTEIN INDIAN VEGAN FEAST**

~~BUDGET VEGAN MEAL PREP~~ STICKY BBQ 'RIBS' VEGAN | @avantgardevegan by Gaz Oakley VEGAN BEEF RECIPE MY COOK BOOK!!! | @avantgardevegan by Gaz Oakley | recreated Foods from Twilight (book and movie) **Incredible VEGAN PLANTAIN recipes** 3 INCREDIBLE VEGAN BURGER RECIPES MY FAVOURITE SIDE DISH...CREAMY VEGAN POTATO GRATIN MY TOP VEGAN TIPS *Vegan Christmas Cookbook Review ft. Gaz Oakley trying to make IN \u0026 OUT BURGERS, vegan. THE BEST OF GAZ ? we hit 1 MILLION subscribers!!!!!!!!!! MY FAVOURITE VEGAN COOKBOOKS MYSTERY INGREDIENT COOKING CHALLENGE ???? BADASS BAGUETTES ? | @avantgardevegan by Gaz Oakley* WHAT I EAT IN A DAY | part 2 in Los Angeles

VEGAN CREME BRULEE | @avantgardevegan by Gaz Oakley~~Vegan 100~~

The emphasis in Gaz's 100 amazing vegan recipes is first and foremost on FLAVOUR. From Kentucky Fried Chick'n and Fillet "Steak" Wellington to Chocolate Tart and Summer Berry Mousse Cake, it's all incredible-tasting food that just happens to be vegan.

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~~Vegan 100: Over 100 incredible recipes from ...~~

Long gone are the days of vegan food being dull and worthy: Vegan 100 is bold, vibrant and gorgeous. Going vegan was the best decision Gaz Oakley ever made. Gaz, aka Avant-Garde Vegan, was once a meat eater and often didn't feel well. Overnight, he decided to go vegan for the health benefits, for his love of animals and to do his part in looking after the planet.

~~Vegan 100 – Avant-Garde Vegan~~

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~~Vegan 100 by Gaz Oakley | Waterstones~~

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~~Vegan 100 : Gaz Oakley : 9781787131248~~

?Tempted to try your hand at vegan food but don't know where to start? Or even just to make meat-free Monday a regular thing? Long gone are the days of vegan food being dull and worthy: Vegan 100 is bold, vibrant and gorgeous. Going vegan was the best decision Gaz Oakley ever made. Gaz, ak...

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Vegan 100 is thick and loaded with full-page photographs that will make your mouth water. If you are familiar with his vegan creations, you will not be disappointed.

~~Vegan 100: Over 100 Incredible Recipes from Avant-Garde ...~~

GRAB & GO SAVOURY VEGAN MUFFINS. Breakfast, Small Plates. STICKY ORANGE

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SAUSAGE TRAY BAKE WITH FENNEL & BEETROOT. Mains. View All Recipes. Latest News. THE RESTAURANT, I Will Bring The Food To You. Wed 26 Aug, 2020. Plants only necklaces are back. Thu 25 Jun, 2020 (Mon 29 Jun, 2020)

~~Welcome to Avant Garde Vegan by Gaz Oakley | Vegan Recipes~~

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Long gone are the days of vegan food being dull and worthy: Vegan 100 is bold, vibrant and gorgeous. The emphasis in Gaz's 100 tempting vegan recipes is first and foremost on FLAVOR. From Deep Purple Soup to Sage and Smoked Chilli "Dog", through vegan "Fish and Chips" to Chocolate Tart and Raw Cacao "Cheesecake", it's all incredible-tasting food that just happens to be vegan.

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GRAB & GO SAVOURY VEGAN MUFFINS. Breakfast, Small Plates. STICKY ORANGE SAUSAGE TRAY BAKE WITH FENNEL & BEETROOT. Mains. PIRI PIRI ONE TRAY BAKE. Mains. Caramelised Spiced Plantain with Jalapeño Dressing. Salads & Veg, Small Plates. Chipotle, Lime & Coriander Plantain Fritters. Salads & Veg, Small Plates. PLANTAIN LASAGNE WITH RAINBOW SLAW.

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~~My Recipes Archive — Avant-Garde Vegan~~

The “100% Vegan 100% London” guide to everything vegan-related in London. Our aim is to help vegans in London and vegan visitors to this great city to find great places to eat, shop and socialise while supporting the vegan community.

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