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This book is for one and all who desire to create positive health. Dr. Renu Mahtani M.D., a practicing physician, runs a centre in Pune to share Yoga and Pranayama – be it breath therapy,...

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On Second day, 19th Sept 2014. Renu Mahtani was a part of "SPIRITUAL HIGHS" at Pune International Literary Festival 2014, #PILF Dr. Renu Mahtani, the founder of Param Yoga.

Renu Mahtani interacting with Neha Narayan. Media student, MIT-ISB|
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