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Through his own trading experiences and those of individuals he has mentored, Dr. Brett Steenbarger is familiar with the challenges that traders face and the performance and psychological strategies that can meet those challenges. In *Enhancing Trader Performance*,

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Through his own trading experiences and those of individuals he has mentored, Dr. Brett Steenbarger is familiar with the challenges that traders face and the performance and psychological strategies that can meet those challenges. In *Enhancing Trader Performance*, Steenbarger shows you how to transform talent into trading skill through a structured process of expertise development and reveals how this approach can help you achieve market mastery.

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Of Trading Psychology has Steenbarger provided some fantastic tools for the trader to transform his mindset, but he has contributed unique trading ideas as well. Brilliant!" -Linda Raschke, President, LBRGroup, Inc.

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www.alphatrends.net author of Technical Analysis Using Multiple Timeframes "Dr. Brett has distilled his years of experience, as both a trader and a psychologist/coach, into the 101 practical lessons found in The Daily Trading Coach. Those lessons provide effective strategies for coping with the stumbling blocks that traders often face. This book should be a cornerstone of any serious trader's library." —Michael Seneadza equities trader and blogger at TraderMike.net

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the ideas underlying each modality, the evidence for effectiveness, and the techniques and interventions central to each. In this edition, the DVD of videos has been replaced with 40 updated streaming videos -- available on desktop and mobile devices -- that show experienced practitioners engaged in a range of brief therapies, allowing for a deeper and richer learning experience for readers. In a national and global environment of limited economic resources and multiple demands on patients' time, short-term treatment modalities are increasingly important. Integrating theory, research, and step-by-step procedures, *The Art and Science of Brief Psychotherapies* is an ideal introduction to the range of short-term therapies for psychiatry residents, psychology interns, social work students, and experienced practitioners looking to broaden their practice.

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- Authenticity: The Power is You
- The Ninety-Day Rule
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