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Bralon Taplin Using EFT Tapping at Olympics 2016 EFT/tapping to speed up manifestations, releasing resistance and frustration How to Tap with Jessica Ortner: Emotional Freedom Technique Informational

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Video Nick Ortner Talks About How to Rewire the Brain with EFT - The Tapping Solution ~~Emotional Freedom Techniques (EFT) Demonstration~~ The Science Behind EFT Tapping Hypnosis for Meeting Your Higher Self

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EFT Tapping And Affirmations: The Science Behind EF

EFT being used on TV for Sports Performance · Jorge Reyers - Baseball · Daniel Hill EFT NLP Coach How to beat self sabotage - EFT Tapping World Record Bench Press - Trent Rogers of EFT Sports Performance Tapping away performance anxiety for stage-fright and public speaking ~~EFT for Sports Performance with Pain Relief Coach Carey Mann and Olympian Abi Oyepitan~~ The Best Sports Training

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How to Enhance Sports Performance with EFT Tapping. By Brent Thomson, PhD. I recently worked with the entire Red Wing High School Girls Basketball team (in Minnesota), using EFT to improve team performance. I met with the team for a 2-hour session. At that time, their record was five games below the 500 mark.

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~~How to Enhance Sports Performance with EFT Tapping ...~~

Church, D. (2009). The effect of EFT (Emotional Freedom Techniques) on athletic performance: A randomized controlled blind trial. *Open Sports Sciences*, 2, 94-99. The present study investigates the effect of a psychophysiological intervention, Emotional Freedom Techniques (EFT), on athletic performance.

~~EFT for Sports Performance - Practical Happiness~~

EFT brings about 80.7% sports performance improvement; EFT "Field of Dreams" - Little League Baseball; EFT Sports Specialist Stacey Vornbrock featured in *Golfweek* magazine; EFT used to eliminate golfers' "Yips" Enhancing performance by tapping along with the TV; Enhancing Sports Performance: Basketball Team and A High School

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Gymnast

~~EFT for Sports & Other Personal Performance | Sports ...~~

Sports Performance Statistics and EFT Tapping. By Stacey Vornbrock, MS. I've been taking EFT to professional athletes since 2003, and feel the need to share what I have discovered. There isn't one professional or amateur athlete that has come to me wanting a statistical result. Not one athlete has come to increase his batting average, take a ...

~~Sports Performance Statistics and EFT Tapping | Sports ...~~

For over 25 years EFT Sports Performance has been bridging the gap between strength training and sport training. Through the use of dynamic, movement-based exercises EFT has helped hundreds of college, professional, and Olympic athletes compete at their highest

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level.

~~EFT Sports Performance | Athlete Training | Adult Workout ...~~

Enhancing Performance by EFT Tapping with Sports on TV. By Andi Whitaker. Tapping along with the Olympics. I assume you too have been glued to your TV watching the Olympics. I have found it both inspiring and exhausting watching all that sweat and effort running across my TV screen every night.

~~Enhancing Performance by EFT Tapping with Sports on TV ...~~

Using EFT to Improve Athletic Basketball Free Throw Performance

Citation: Church, D. (2009). The Effect of EFT (Emotional Freedom Techniques) on Athletic Performance: A Randomized Controlled Blind Trial. The Open Sports Sciences Journal, 2, 94-99.

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~~Sports Performance Archives—EFT Tapping Training Institute~~
TouchPoints EFT, Louisville KY, Norma Wileman EFT Practitioner
Matrix Reimprinting Practitioner, Emotion Code work, A holistic approach to healing yourself emotionally and physically using the same energy meridians used by acupuncturists for 5000+ years, by tapping on the meridian endpoints. EFT is also known as Tapping. EFT often brings rapid and permanent relief for many emotional and ...

~~TouchPointsEFT dba Healing Shift Blueprints—SPORTS ...~~
EFT can help you use your subconscious to improve your performance by quieting the mental noise that tends to get in the way. Rather than trying to consciously think your way to a better swing, you can let your brain absorb the information, give your body time to

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practice the movement, and use tapping to release your anxiety and clear the way for your body to incorporate those instructions on ...

~~Tapping—How Professional Athletes Use EFT—Tapping by ...~~
<http://tappingaddicts.com/> Using EFT tapping for sports performance. See EFT on the field. Baseball stars using EFT to reduce anxiety while waiting to hit.

~~EFT Sports performance—YouTube~~
Chris Johnson Coaching - This video demonstrates tapping to removes blocks to have you performing to your potential in sports. www.chrisjohnsoncoaching.com.

~~EFT Tapping for Sports Performance—An Introduction~~

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Newcomers to emotional freedom techniques, also known as EFT, Tapping, and EFT Tapping can still learn from this content, but are advised to get the EFTUniverse Free EFT Get Started Package and/or EFT Books and/or attend EFT Training Workshops for a more complete understanding of EFT.

~~Four Positive Results with EFT Tapping for Athletes ...~~

Can EFT Reduce Sports Performance Anxiety? Stress and anxiety can be part of an athlete ' s world. There is often pressure to succeed and pressure to keep up or improve on previous performances. The stresses include fear of failing, fear of injury or re-injury or anxiety about overcoming an injury.

~~EFT Helps With Sports Psychology | Tapping Away Sports Anxiety~~

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EFT Practitioner Matt Hollo, M.ED, EFT-INT, works with high school student Gregory to improve his performance in competitive swimming by collapsing his fears...

~~EFT Tapping for Sports Performance~~

The talk therapy and control group both dropped by about fifteen percent while the tapping group dropped 24 percent - a significant statistical difference. As for sports performance there are results there too. Gary Craig, the creator of EFT, detailed a study using EFT with basketball teams.

~~Is EFT the Secret to Enhanced Athletic Performance ...~~

Whether it be business, sport, academic or personal performance, dedication and training will only get you so far. EFT can be used to

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improve your capability. Removing the stress and self-doubt that's holding you back and replacing it with pure self-belief and drive helps you to realise your potential.

~~The Tapping Room—Coaching with EFT/Tapping~~

Note: This is one of 3,000 articles written prior to the updated Gold Standard (Official) EFT Tapping Tutorial™. As a result, it is likely outdated. It provides practical uses for EFT Tapping but you should also explore our newest advancement, Optimal EFT, by reading our free e-book, *The Unseen Therapist™*, and/or get help from a Certified EFT Practitioner.

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