

Depressive Illness The Curse Of The Strong The Curse Of The Strong 3rd Edition Volume 3 Overcoming Common Problems

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Depressive Illness: The Curse of the Strong Overcoming common problems: Author: Tim Cantopher: Edition: 3, illustrated: Publisher: Sheldon, 2003: ISBN: 0859698963, 9780859698962: Length: 113 pages:...

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Depressive Illness – The Curse of the Strong Dr Tim Cantopher studied at University College, London and University College Hospital. He trained as a psychiatrist at St James ' Hospital, Portsmouth and St George ' s Hospital Medical School. He has been a member of the Royal College of Psychiatrists since 1983 and was elected

~~Depressive Illness - The Curse of the Strong~~

Depressive Illness: The Curse Of The Strong by Cantopher, Tim at AbeBooks.co.uk - ISBN 10: 1529381045 - ISBN 13: 9781529381047 - Sheldon Press - 2020 - Softcover

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Dr. Cantopher describes depression as a medical illness, in which medications and psychotherapy are useful and practical cures. To that end, his book, Depressive Illness, The Curse of the Strong, highlights his model of depression and gives realistic, real world solutions to overcome depression.

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He is the author of the best-selling Depressive Illness: The Curse of the Strong (Sheldon, Third Edition 2012), Stress-related Illness (Sheldon, 2007) and Dying for a Drink, (Sheldon, 2011). ISBN: 9781847094551. RRP: £ 9.99.

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Depressive Illness: The Curse of the Strong was Dr Cantopher's first, and remains his bestselling, book: his other titles include Toxic People: Dealing with dysfunctional relationships (Sheldon Press, 2017), Stress-Related Illness: Advice for people who give too much (Sheldon Press, 2019) and Overcoming Anxiety: Without Fighting It (Sheldon Press, 2019).

~~Depressive Illness: The Curse of the Strong by Tim ...~~

I have just read Depressive Illness: The curse of the Strong by Dr Tim Cantopher and this book is fully recommended to everyone! The pressures of life can put weight on the body and mind or equally reduce the positives of body and mind.

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