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In Binge No More, eating disorder specialist Dr. Joyce Nash provides all the information, encouragement, and guidance readers need to transform their relationship with food. Readers will identify with the experiences of other binge eaters whose insightful stories are told throughout the book.

Binge No More: Reconstruct Yourself to Overcoming Binge ...

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Binge No More: Your Guide to Overcoming Disordered Eating ... Binge No More? When Netflix revealed it was experimenting with a 1.5x speed feature to encourage more binging on its platform, the reaction was overwhelmingly negative. Director Judd Apatow tweeted, asking it to leave shows "as they were intended to be seen."

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Binge - Apps on Google Play "Binge," created by Kevin Rios, is a short comedy about obsession, celebrity worship, and decaying sisterhood. Ale is at least able to maintain a relationship (though her boyfriend is close to a breaking point), while Ani is in even deeper — we never see her not looking at a screen and all she can imagine is being with Johnny.

Binge — NoBudge

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