

Aikido My Spiritual Journey

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Aikido: My Spiritual Journey is by Yoshinkan Aikido founder Gozo Shioda. . . . The book contains fascinating stories from Shioda Sensei's life. It also has detailed and helpful insights on Aikido training and many stories of his time with Aikido founder Morihei Ueshiba. There are many well displayed historical and training photographs.

Aikido: My Spiritual Journey: Amazon.co.uk: Gozo Shioda ...

In this book Gozo Shioda, one of the most influential figures in the history of Aikido, traces in his own words his dramatic and fascinating life story. From his origins as a young boy when inspired by his father to pursue Aikido, the author shares with the reader his life's journey, which he devoted to this martial art.

Aikido: My Spiritual Journey - Gozo Shioda

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Aikido: My Spiritual Journey by Gozo Shioda

In **Aikido: My Spiritual Journey**, Shioda relates moving, personal anecdotes about Ueshiba and imparts what he learned from his mentor. He offers a concise overview of the key elements of aikido, including breath power, focused power, and the power of the center line.

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Aikido My Spiritual Journey is by Yoshinkan Aikido founder Gozo Shioda. It is a compilation of two books he wrote in Japanese: **Aikido Shugyo 1991**; **Aikido Jinsei 1985**, the Afterword comes from **Kokyuryoku de Jinsei ni Katsu** by Yasuhisa Shioda 1996.

Sensei Noha's review of "Aikido: My Spiritual Journey ...

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Aikido: My Spiritual Journey: Shioda, Gozo, Shioda ...

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Aikido: My Spiritual Journey: Shioda, Gozo, Shioda ...

Aikido: My Spiritual Journey by Gozo Shioda, 9781568364117, available at Book Depository with free delivery worldwide.

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Aikido: My Spiritual Journey by Gozo Shioda, Hardcover ...

Available in: Paperback. Offers an overview of the key elements of Aikido, including breath power, focused power, and the power of the centre line. In this title, the author relates moving, personal anecdotes about Ueshiba and imparts what he learned from...

Aikido: My Spiritual Journey by Gozo Shioda at Abbey's ...

Aikido of Ueshiba Sensei and **Gozo Shioda** is not that much different from the Tai Ji of Cheng Man Ching that I practice - at least spiritually. What I especially like about this grand spirit of Gozo Shioda projected through this book is that his devotion to his practice and his one and only teacher is not blind, but absolutely rational: he knew what he wanted out of his practice all along.