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Our Magical Mandalas coloring book features 100 mandala designs, including stunning floral mandalas, circular mandalas, and animal mandalas with owls, insects and turtles gracing an array of pages. From underwater creatures, reptiles and forest friends to cute cats, sweet parrots, and pretty roses, our mandala drawings are ideal for both beginner and advanced colorists.

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When you color mandalas inside relaxing coloring pages for adults, have in mind that some colors have different effects: - Yellow: heals pride and turns it into oneness, compassion and abundance - Red: turns fear into confidence, freedom and power - Green: heals jealousy and turns it into love and understanding - Blue: heals anger and turns it into self-reflection, self-expression and intuitive perception The use of Magic Mandalas: Coloring Book for adults varies.

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Mandala coloring books for adults have been trending for a while and it seems like their popularity is not fading. Mandala Color by Number is a new way to color anti-stress coloring pages for...

Mandala coloring book for adults: Meditation, Relaxation & Stress Relief 40 BEAUTIFUL MANDALAS for adults BLACK PAGES: great contrast, especially in neon colors ONE SIDE PRINTED: The following design is not affected BONUS: 60 FREE Mandala designs to print STRESS RELIEF: the coloring of the mandalas helps relieve stress and relax Different levels of difficulty: from medium to very intricate Mandala coloring book for adults description Coloring books for adults offer the perfect opportunity to relax and unwind. Mandala designs are especially helpful in stress relief. A perfect alternative to yoga. Johanna Basford has triggered the Megahype around the Coloring Books. She is probably the best-known coloring book author. Her coloring pictures are an inspiration for many drawing fans. Mandalas are originally from Buddhism. They have a meditative and relaxing effect on the viewer. That is why Mandala coloring pages are so popular. The originals for painting are usually arranged round and symmetrical. Many people also know it under the name Zen design. Through the black background, the mandalas come into their own. The contrast between the background and the motifs is very large due to the dark paper. Thus, the mandalas shine particularly well when they are painted with neon colors or glittering pens. When painting, you can completely relax and recharge your batteries. Forget the worries of the stressful everyday life and let

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yourself be completely on the respective motive. Get free from time pressure and commitments. Do not set a time limit for the motive and resist the urge to finish quickly. Let yourself drop and come to rest. The concentration while coloring can completely switch off the brain. It acts as a meditation and a state of balance returns. In addition, the creativity is stimulated and encouraged. This coloring book for adults includes 40 mandalas with different degrees of difficulty. It is suitable for beginners as well as for advanced. Tips for drawing We opted for a large print (slightly smaller than DIN A4) of our Mandala coloring book. So the coloring pictures are large and easy to paint. For very good results we recommend crayons. Both normal and artist pencils are suitable. For example: Faber-Castell Polychromos, KOH-I-NOOR Polycolor, Sanford Prismacolor or Lyra Rembrandt. The mandalas can also serve as a template for their own creations. Simply cut the motif and use it as a template. This stimulates creativity. Even children can have fun with a coloring book for adults. It is wonderful when the hobbies of big and small are the same. Paint along with your children. BONUS: 60 FREE Mandala designs to print Have fun with this beautiful Mandala coloring book.

Derived from the Sanskrit term for "circle," the mandala represents wholeness and the human connection to the infinite. More than 30 hypnotic mandalas pulse with energy and life, offering a coloring experience that's utterly magical. Pages are perforated and printed on one side only for easy removal and display. Specially designed for experienced colorists, Magical Mandalas and other Creative Haven® adult coloring books offer an escape to a world of inspiration and artistic fulfillment. Each title is also an effective and fun-filled way to relax and reduce stress.

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Books in the Color Magic series meld the youthful spontaneity of coloring with the sophisticated composition of mandalas and garden patterns for a relaxing artistic experience that anyone can enjoy. Coloring encourages the imaginative hobbyist to take a break from the daily routine to create something simple yet exquisite. And the beautiful images in these books,

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when complete, are ideal for decorating, framing, and gift-giving. In Mandala Magic, the soothing patterns of mandalas will inspire creativity.

Stress Relieving Designs that are Great for Relaxation. Coloring the mandalas helps relieve stress, inside this book you will find 50 beautiful, new, high detailed, easy mandala designs to provide you with hours of relaxation and stress free time. Relax with a wide variety of mandalas in this incredible coloring book for adults. Includes both simple and intricate designs to accommodate any skill level, see back cover for a few of the designs included in the book A Great Gift. Looking for perfect for your friends that loves arts and coloring? Look no further This is perfect gift to go for. Featuring: ✓ 8.5 x 8.5 in coloring pages ✓ Over 50 unique mandalas to color (no duplicates) ✓ Printed single sided so each design has its own page ✓ Black back pages prevent bleed through ✓ Easy-to-color mandalas to enter into a state of peaceful relaxation ✓ One-sided coloring page to prevent bleed-through from markers ✓ High-quality images

Mandala Magic is a coloring book for adults relaxation and meditation that contains 40 unique intricate mandala designs, suitable for advanced colorists. Mandala is a Sanskrit word that means circle. This circle is a spiritual symbol representing the universe in Buddhism and Hinduism. It grows outwardly and thus represents harmony and oneness. Coloring mandalas has numerous positive effects on your life as it offers relaxation, calms the nervous system, invokes positive energies and balances your mind. More precisely: It relieves stress Many of us are juggling multiple tasks trying to reconcile job and family family, relieve tensions, overcome financial worries, etc. As coloring mandalas require attentiveness and calmness to color the circular patterns, it helps enhance your concentration. The deeper is your engagement in coloring, the greater is your stress-relief. It reduces negative thoughts Sacred circles of a mandala have a magical healing power, which can have a recuperative effect. It's a great meditation alternative Psychological studies show that coloring mandalas have the same effect as meditation. Coloring mandalas will help you to disengage from the feelings of anxiety and acquire positive thoughts. It refreshes the brain Coloring mandalas not only reduces anxiety, but refreshes your brain too as it engages both hemispheres of the brain to stay focused. Coloring mandalas activates in a balanced way both analytical and creative parts of the brain, improves problem-solving skills, refines motor skills and makes you stronger. It sparks creativity Those who engage in mandala coloring rediscover their creative ideas and implement them in their lives. It boosts your immune system The geometric patterns of mandalas represent the cosmos. Traditional Vedic medicine believes that mandalas have the healing power that induces calmness. Thus, mandalas boost the immune system, reduce pain and help you sleep better. It helps you reconnect with your Inner Child. Coloring mandalas is an Inner Child healing therapy for adults who are harsh within themselves. It also boosts your self-confidence and helps you face the challenges of this world. This book will help you to cope with boredom and anxiety during difficult times. Have fun and express your creativity! Relax and feel like an artist! Tags: Coloring book for adults, adult coloring book, coloring book, colouring book, adult colouring book, colouring book for adults, animal designs, floral designs, garden designs, stress relieving patterns, stress relieving designs, illustrations, mandala designs, floral patterns, relaxation fun, coloring book for grown-ups, creativity, coloring book best

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Colorists with an eye for geometric designs and circular images will adore these full-page mandala patterns. More than 30 original illustrations offer a splendid variety of unique coloring possibilities.

Mandala Coloring Books For Adults Relaxation - 100 Coloring Pages For Meditation And Happiness Unleash your creativity through relaxation while coloring these stunning meditation mandala patterns. You will forget about time, free yourself from worries and find a balance in your life with the best 98+ mandala patterns created by One Touch Publishing specifically for this book. Successful coloring! Why will you love this coloring... Relaxing coloring book. Your worries will disappear from each page during coloring. Both-sided pages. Each coloring page is printed on a separate sheet to avoid spilling. Beautiful illustrations. We have included 100 new designs that you have not seen anywhere else. What colors will you choose for this book? Professional design. Premium glossy cover design, large 8.5 x 11 inch; 21.59 x 27.94 cm dimensions;. Great for all skill levels. Simple beautiful designs are suitable for beginner level but do not make you bored. Makes a wonderful gift. Know someone who likes coloring? Give them a copy! Adult Coloring Book is perfect for: Birthday Gifts, Valentine's Day, Halloween Gifts, Mother's Day Christmas & More Easter Gifts & Basket Stuffers Summer Travel & Vacation Fun Christmas Gifts & Stocking Stuffers ...or just for relaxation. Happy coloring!

Relax with These Unique Magical Mandalas Coloring Book with 50 Beautiful Mandalas for Mindfulness and Relaxation The Magical Mandalas Coloring Book is the perfect way to unwind and relax. This wide variety of coloring book features elements that will allow your creativity to shine. Put your pencils or crayons on this stunning collection of relaxing coloring page perfect for every skill level. Your perfect coloring book: Beautiful, one of a kind illustration. With 50 unique images for you to make your own, the possibilities are endless. What color palette will you choose for your masterpiece? Relaxing pages designed to unwind. Serene and intricate, 50 coloring pages will transport you to a blissful world where all your responsibilities melt away. Suitable for every skill level. An amateur or experienced artist, each page is accessible and exciting for every skill level. After all, there's no wrong or right method to create art. Paper that bleeds is no more. Every image is carefully placed on single-sided, black-backed pages to ensure that no creation of yours is ruined by bleeding ink. Unique Simple and Large Images. Relaxing coloring page perfect any skill level. About Pinklebelle coloring books: A fast-growing brand ready for you to explore. Pinklebelle coloring books are designed for relaxation in mind. Join a movement for coloring that is serene and invigorating. You're part of a vibrant community. Artists around the world connect through the #Pinklebelle online community. Meet other dedicated creators and become a part of a family of inspiring and creative artists. Take pride in high quality. We don't settle for low quality, poorly printed coloring books. Pinklebelle coloring books use single-sided, black-backed paper that ensures you never need to worry about bleeding. Don't settle for less - invest in

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